CAREFREE LIVING!

WITH EXCLUSIVE SERVICES FOR OUR MEMBERS

We provide personalised support.
EVERYTHING FOR YOUR HEALTH

Excellent health promotion
Get active – with our help: we pay up to 150 euros towards back exercise/physical therapy courses and pilates. You will find a list of all providers at dak.de/praevention

DAK network of specialists
Enjoy excellent professional care: fewer repeat examinations, shorter treatment times and a more rapid recovery.

Skin cancer screening from the age of 17
Better safe than sorry: we support skin cancer screenings from the age of 17 by giving an allowance of up to 60 euros. From the age of 35, you have the right to a skin cancer screening every two years.

EXCLUSIVE SERVICES FOR MEMBERS

Professional tooth cleaning
Professional tooth cleaning is not included in the catalogue of services provided by statutory health insurance companies. The lawmaker leaves responsibility for this health issue up to each individual person. However, we want to support you, which is why we contribute up to 60 euros each calendar year to help cover the costs.

Extra benefit – travel vaccinations
It’s important to us that you return from your holidays in good health. That’s why we take over up to 90% of the costs of vaccinations needed for your private travels abroad, as part of our voluntary coverage benefits.

Kinesio tape
Your physiotherapist recommends taping as a therapeutic support? We contribute to the costs of professionally applied kinesio tape with up to 30 euros annually.

SERVICE BASED ON YOUR NEEDS

DAK app and “My DAK” online support
With the DAK app you always have important health data and your digital service centre at your fingertips. Request coverage confirmation, a European Health Insurance Card or a new health card conveniently while on the move. And much more. When you register via the DAK app, you automatically activate “My DAK” online support at dak.de – with particularly secure access to further helpful features.

Medical appointment service
Don’t want to wait? We’ll book your appointment with a specialist. You can reach the DAK medical appointment service hotline every day, around the clock at local rates on the following telephone number: +49 40 325 325 845

Online coaching
Very comfortable to support your health: our free-of-charge online coaching helps you, for instance, to cope better with stress. Or would you like to do more for your physical fitness? Then get started today with our online coaching service at dak.de/dakonlinecoaching

BEING A MEMBER PAYS OFF

DAK Bonus Programme
Enjoy staying active for your health? We’ll reward your activities with valuable points. You can have these points paid out to you in euros. Or invest in healthy PLUS services, such as professional dental cleaning, osteopathy or a sport medical examination – we’ll cover an extra 20% of the costs.

DAK Fit & Cash: get a month’s contribution back
Are you healthy and trips to the doctor’s surgery are rather the exception? Then opt for the DAK Fit & Cash tariff. When you have not claimed any benefits, you will receive 1/12th of the calendar year’s contribution you paid towards health insurance as a bonus in the following year. Preventive benefits are naturally not included.

OUTSTANDING QUALITY

See for yourself! Become a member: www.dak-vorteile.de